

Join the Heart and Stroke Foundation of Manitoba at its Healthy Living Rural Forum on Wednesday May 11, from 7:00 to 9:00pm, at the PCU Centre. Foundation staff will be giving a presentation, Helping You Live Well. Refreshments and health promotion materials will be provided. Please register at the PCU Centre on Island Park at 245 Royal Rd South or call 857-7772. For more information, call the Heart and Stroke Foundation at 1-888-473-4636